

# Informed Consent for Teletherapy

Melanie K. Stone Ph.D.  
Stone Ph.D. LLC

I, \_\_\_\_\_, hereby consent to engage in teletherapy with Dr. Melanie Stone. I understand “teletherapy” includes consultation, treatment, transfer of medical data, emails, telephone conversations, and education using interactive audio, video, and/or data communication. I understand teletherapy also involves the communication of medical/mental health information, both orally and visually.

By consenting, I acknowledge the following:

- 1) There are potential benefits and risks of video-conferencing that differ from in-person sessions.
- 2) I understand that despite reasonable efforts on the part of Dr. Stone, that:
  - the transmission of my information could be disrupted or distorted by technical failures;
  - the transmission of my information could be interrupted by unauthorized persons;
  - the electronic storage of my medical information could be accessed by unauthorized persons.
- 3) Confidentiality (and its limits) applies for teletherapy services, and no one will record the session without the permission from the other person(s).
- 4) Using a webcam or smartphone during the session is required.
- 5) It is important to be in a quiet, private space that is free of distractions (including cell phone or other devices) during the session.
- 6) It is important to use a secure internet connection rather than public/free Wi-Fi.
- 7) It is important to be on time. If you need to cancel or change your tele-appointment, notify Dr. Stone 24 hours in advance in order to avoid a late cancellation fee.
- 8) In the event of technical problems, a back-up plan will be established to restart the session or to reschedule it.
- 9) Dr. Stone may determine that due to certain circumstances, teletherapy is no longer appropriate.

My signature below indicates that I have read this Agreement and agree to its terms.

\_\_\_\_\_  
Client Name

\_\_\_\_\_  
Client or Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Melanie K. Stone, Ph.D.

\_\_\_\_\_  
Date